

2024 Appalachian Trail Institute Registration Form
(snail mail)

Is there a long distance hike on the Appalachian Trail in your future? Do you want to increase your chances of completing the entire journey? Do you want to save money by not buying equipment and clothing you don't need? Then the Appalachian Trail Institute (ATI) would be an informative and valuable program for you. Organized and directed by Dr. Warren Doyle, who has walked the AT a record eighteen times, the ATI is an intensive, five-day program that covers trail history and management, trip logistics, food, equipment, physical conditioning, hiker safety/health; and the most neglected but most important topic of all, the psychological/emotional aspects of long distance hiking. For over thirty-four years (since 1989), over a thousand hikers (from 46 states and 4 foreign countries) have attended and enjoyed the ATI.

Suggested donation of \$300 - Donation includes: on-site indoor lodging; about 26 hours of classroom instruction; about 9 hours of hiking; and, instructional materials.

Mail a \$50 deposit (fully refundable) with your registration form. The remainder of the donation (\$250) is to be paid on the last day of the program (cash or check).

More info at www.warrendoyle.com Click 'Hiking' and then click 'Appalachian Trail Institute'

LOCATION Appalachian Folk School 3142 Divide Rd. Mountain City, TN 37683

REGISTRATION FORM To register, fill out, and mail in with a \$50 deposit check (fully refundable).

Make check payable to: Appalachian Folk School

Mail to: Appalachian Trail Institute, PO Box 93, Mountain City, TN 37683

Name _____ Gender: M or F Birthday: _____

Address _____ Email _____

_____ Phone _____

Please check the 2024 ATI session you plan to attend:

March 25-29 June 24-28 Sept. 23-27 Sept.30-Oct.4 Oct. 7-11

What year are you planning on hiking the AT? _____

What are your approximate dates of doing the AT? _____

What direction are you planning on hiking the AT in? (north to south, south to north, flip-flop)

Lodging Options (check one):

Indoor lodging (bunkhouse/limited private rooms) (included with donation)

Tent in our yard (included with donation)

Local motel/campground